



LAUREN HUGHES
 MA, LPC, LAC, NCC
 LICENSED PROFESSIONAL COUNSELOR
 ADDICTIONS, INDIVIDUAL, CHILD, COUPLES, AND FAMILY

COUNSELING COLORADO, PLLC

4770 EAST ILIFF AVENUE
 SUITE 109
 DENVER, CO 80222

720-336-0030
 LAUREN@COUNSELING-COLORADO.COM
 WWW.COUNSELING-COLORADO.COM

Couple's Satisfaction Survey

Name _____

Date _____

	None	Some	Very
Are you satisfied with communication in your relationship?			
Are you satisfied with the amount of time spent together?			
Are you satisfied with the amount of affection in the relationship?			
Are you satisfied with your sex life?			
Are you satisfied with fun activities?			
Are you satisfied how money is handled?			
Are you satisfied how chores are handled?			
Are you satisfied with your spouse/partner's friends?			
Are you satisfied with your spouse/partner's work?			
Are you satisfied with your spouse/partner's relatives?			
Are you satisfied with your spouse/partner's appearance?			
Are you satisfied with free time in the relationship?			
Are you satisfied how children are disciplined? (If Applicable)			

Total each column, one point for each answer.

____ / ____ / ____

If your highest numbers are in the first and second columns, it is highly recommended that you commit to couple's counseling.